

*A Survivor's  
Guide*  
for the  
Breast Cancer Journey

## **A Survivor's Guide for the Breast Cancer Journey:** *An Organizer and Handbook for the Newly Diagnosed™*

By Kim Regenhard

*"As I reflected on my parents' fight with cancer, considered my needs during my own cancer experience, and listened to other breast cancer survivors, I became convinced that what cancer patients need is a practical tool to guide them step-by-step through the cancer journey. A Survivor's Guide for the Breast Cancer Journey was born out of that heart-felt conviction."*

Kim Regenhard had a thriving career and happy home life when, in the spring of 1998, she discovered a lump in her breast that would prove to be cancerous. In one moment Kim's busy, fulfilling life seemed to come to a standstill. Determined to overcome her cancer and still maintain a sense of normalcy, Kim continued in her career while simultaneously researching breast cancer and breast cancer treatments, interviewing doctors, and pursuing a treatment course best suited for her and her family.

*A Survivor's Guide for the Breast Cancer Journey: An Organizer and Handbook for the Newly Diagnosed* will help women newly diagnosed with breast cancer understand, organize, plan, and record their journey from cancer diagnosis to recovery so that they are well-organized, well-informed, and better able to make critical decisions that can affect their chances of survival. *A Survivor's Guide for the Breast Cancer Journey* is an excellent resource to help women diagnosed with cancer understand and organize their treatment so they have time and energy to focus on what really matters: the people they love and becoming well.



### **About Kim Regenhard**

Kim Regenhard manages the strategic aspects and day-to-day operations of RiverStone Journals – the business she started after successfully navigating breast cancer. Prior to the launch of her first book, Regenhard served as Vice President of Human Resources and Communications for US BioEnergy. Regenhard's book, *A Survivor's Guide for the Breast Cancer Journey*, promises to be the first of many RiverStone Journal planners that will make the journey through cancer and other chronic illnesses less burdensome for those diagnosed, as well as their caregivers and loved ones. Regenhard lives in western Wisconsin with her son and husband of more than 25 years.

